



6% of Dentists and Doctors are dependent on Alcohol / Drugs!

Do alcohol or drugs affect your professional life?

Do alcohol or drugs affect your family life?

Do you have a problem with alcohol or drugs?

Alcoholism / Drug Addiction is a Primary Disease!

Can you give this to someone who needs help?

The untreated chemically dependent / addicted dentist or doctor can eventually suffer GDC / GMC investigation, loss of registration, loss of income, financial worries, divorce, emotional damage to children, involvement with the police, Court appearances, loss of self worth, suicide, premature death!

6% of dentists and doctors represents approx. 2000 dentists and 15,000 doctors (GDC Registrations = 32,000: GMC Registrations = 250,000) !!!

Alcoholic / Chemically Dependent / Addicted dentists and doctors can be treated with favourable outcomes. The alcoholic / drug dependent dentist or doctor need not fear treatment - it can return them to a fulfilled and productive professional career and provide the means to remake relationships.

Dentists and doctors need to be aware of Alcoholism / Drug Dependency as a Primary Disease to provide a duty of care for themselves and to help colleagues out of denial and into treatment.

The British Doctors and Dentists Group (founded in 1975) consists of doctors and dentists who are successfully recovering from alcoholism or drug addiction/dependency. We meet regularly to share, in confidence and without judgement, professional and living problems related to our addiction / dependency and to support each other in recovery. We are professionals like you! We have been there, can appreciate your problems and offer you support and encouragement in resolving them.

If you need help, or wish to discuss your problem in confidence, please call:
Dr Paul R (National Secretary) 01484 667681 / 07771642682.

Meetings are held in London and in towns throughout the UK, including Chelmsford.
Local contacts for Suffolk, Essex, Norfolk and Kent are:

Chris H. - 01473 823666
Harry B. - 01245 465852

John B. - 01728 687728
John S. - 01634 403880

www.bddgchelmsford.com

The [BDDG Family Members Group](#) supports relatives and friends of dentists and doctors who are suffering from Alcoholism or Drug Addiction / Dependency. Relatives, and children, of addicted dentists and doctors are emotionally damaged as a consequence of the addicted dentist or doctor and need their own recovery.

The group provides a safe place to share life experiences, knowledge and hope, in confidence and without judgement. Meetings are held in London, Chelmsford and in towns around the country.

If you need help, or wish to discuss your problem in confidence, please call: Cecile D (National Secretary): 01737 813921 or the local telephone contacts:

Mary - 01245 465852:

Sue B. - 01728 687728

www.bddgfamilies.org.uk